

PLEASE POST



NESTTD

New England Society for the Treatment of
Trauma and Dissociation

FUNDAMENTALS of COMPLEX TRAUMA and DISSOCIATION

Saturday, March 17, 2018

9:00 am – 4:30 pm

*Presented by NESTTD in joint sponsorship with
the Institute of Continuing Education and Lesley University.*

This program is designed for graduate students, behavioral health and social service providers, and those who are new to learning about and working with the complex trauma spectrum. Topics introduced in the morning session will include the concept of developmental trauma, the basics of relevant neurobiological research, core problems of survivors, assessment of dissociation, and the stages of trauma treatment. The afternoon workshops will explore more specific aspects of helping clients.

Morning Workshop – General Session: Fundamentals of Complex Trauma and Dissociation (3CE*): Joanne H. Twombly, MSW, LICSW

Afternoon Breakout Sessions (1.5CE* each)

Session one:

Internal Family Systems (IFS): A Practical Introduction for Clinicians Working with Trauma & Dissociation – Robert Bonazoli, LICSW

Cultural Trauma: Understanding the Dynamics of Social Inequality and Mental Health – Dominique A. Malebranche, Ph.D.

Understanding and Managing Self-Harming Behaviors: An Introductory Workshop – Tracey McHugh, LICSW

Vicarious Traumatization: The Effects of Trauma Exposure on the Helping Professional – Lisa M. Rocchio, Ph.D.

Session two:

Recognizing and Assessing Dissociative Phenomena in Your Office – Wendy Forbush, LICSW

Everything I Wish Someone Had Told Me about Treating Trauma Before I Worked in Community Mental Health – Peter Pruyn, LMHC

Introduction to the Attachment, Regulation, and Competency Framework: Treating Complex Childhood Trauma by Targeting the Building Blocks of Resilience – Julie Thayer, PsyD

Emotional Freedom Techniques (EFT): A Self Applied Acupressure Technique to Process and Relieve Symptoms of Trauma – Caitlin Williams, M.Ed., LMHC

**For counselors seeking credit, the Institute for Continuing Education has submitted a co-sponsorship application to NBCC for this program.*

Event requires a registration fee for both Members and Nonmembers. No member discount. For more information, go to www.nesttd-online.org.